

## lifehouse

serving people with developmental disabilities since 1954

SP 2019 | NO.39



### 1954

One of the fundamental values on which Lifehouse was founded was to create a sense of belonging in our community. Established in 1954 as Marin Aid to Retarded

Children (MARC), it began as a nursery school for children with developmental disabilities (see left picture) and has grown into one of the most well-respected nonprofit agencies in the Bay Area. The founders' vision came directly from their hopes and dreams that their sons and daughters would be accepted and welcome members of our community. To this day, Lifehouse fulfills this hope by supporting each individual to live their most independent life.

1987

In 1987, Montecello House opened its doors to provide support for six men to live an independent life in our community. Pictured on the right, David Burns and Craig Collins hang out at Montecello House.

Additionally, two ICF (Intermediate Care Facility) group homes opened for 18 people with profound developmental disabilities. These group homes allowed for more specialized care for fragile individuals with support from an RN and physician.





2019

Lifehouse started as a preschool in 1954, and in 2018, Lifehouse opened Great Expectations, an inclusive preschool for children of all abilities located in the Marindale campus in Terra Linda. We have a talented Director, two General Education

teachers, a Special Education teacher, and three paraeducators. The student to teacher ratio is low, providing each student an enriching learning experience. We are delighted that Lifehouse, in collaboration with Marin County Office of Education and Dominican University, is able to provide the first inclusive educational environment for children in our community. We are hoping that this becomes the standard in Marin County.

join us in celebrating 65 years of service lifehouseagency.org

# the president's corner

Dear Friends,

Sixty-five years ago, we know that the world was a very different place for people with developmental disabilities. The community was not as accepting. Buildings, streets, and public transportation were challenging to navigate. Options for support and the necessary services for families were rare. It was in that world that caring, concerned parents and community leaders banded together to form a fledgling nonprofit that would grow into a change-making, innovative organization that positively affects and improves the landscape for children, adults, and families of all abilities throughout the Bay Area.

Through consciousness raising, the passing of federal and state laws, and decades of dedicated advocacy by parents, siblings, friends, caregivers, and agencies, there is much more understanding about developmental disabilities now than 65 years ago. With this understanding comes a clearer path to opportunities for people with developmental disabilities in our community. This is where Lifehouse can help, to support individuals on their journey towards greater independence and acceptance in the community.

It was an honor to join Lifehouse back in 1992. Lifehouse has an impeccable reputation and is continuously growing and adapting to address community needs. Each year, new programs and services are developed that are collaborative, creative, and were just unheard of back in 1954. As the CEO since 2008, I know the commitment to quality and innovative service delivery demonstrated by Lifehouse does not waver. If we all stop for a moment to take a collective look back at just how far Lifehouse has come over the past 65 years, it is breathtaking. However, standing still is simply not possible because new community needs continue to emerge, and Lifehouse will grow and adapt to address them.

As I look forward to the future of Lifehouse, I know that success is inevitable because of the combined strength of our staff, volunteers, family, friends, community members and the Board of Directors who guide us. Join me as we celebrate this remarkable milestone together, the 65th Anniversary of Lifehouse!

Warm wishes.

Nancy Dow Moody Lifehouse President & CEO

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progress at lifehouse

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# LIFEHOUSE PHILOSOPHY TRAININGS

One of our goals in the Five Year Strategic Plan developed and approved by the Lifehouse Board of Directors last year is to work on increasing the Lifehouse brand in the community as a thought leader. We have increased the amount of trainings provided to staff who work directly with the people we support. "Lifehouse Philosophy and Best Practices" is a mandatory training for all staff and provides the basics of Lifehouse's service model and expectations. Lifehouse Directors and Managers receive trainings to become trainers and experts. These trainings are then developed and offered to our direct support staff. Trainings are now offered several times monthly.





### **GREAT EXPECTATIONS**

By Lynn Nichelini, Director of Great Expectations Preschool

It's hard to believe we are already halfway through our first school year at Great Expectations! The children in our play-based program are full of wonder and joy. It's such a privilege to work with each of them and share in their everyday magical experiences. We are proud to provide our students a strong early childhood foundation for learning and growing.

Our staffing is now complete and includes myself, Lynn Nichelini, Director and General Education Teacher, Ashley Wooldridge, MCOE Special Education Teacher, Anna Sepan and Esmeralda Lopez, MCOE paraeducators, Marisa Aguilar, PM Teacher, and Milani Bernardini, PM paraeducator. Our small class size and low teacher to student ratio allows us to build a positive, trusting relationship with each child in the program. That connection and sense of belonging is so important in being able to support their individual needs and interests.

As an inclusive school, we respect and accept differences and offer a safe and welcoming environment for children of all types of abilities, needs, and learning styles. That said, our challenge has been sharing the benefits of an inclusive program with prospective families and encouraging enrollment of typically developing children. Here's where we can use your help. Please share information about our program with your family, friends, neighbors, colleagues, etc. Visit our website at www.greatexpectationsmarin.org. Watch the video introducing our program, including testimonials from current parents. Check out and "like" our Facebook page "Great Expectations Marin Inclusive Preschool" and share with friends. Help us distribute our brochures to prospective families. We give tours by appointment and are currently enrolling students for immediate, summer and fall placement. With your support, we look forward to fulfilling our mission of providing equity to our youngest members of society, and inspiring other schools to do the same.

greatexpectationsmarin.org

honorary chairman huey lewis master of ceremonies betty yu culinary host heidi insalata krahling musical quest mustache harbor auctioneer damon casatico

# peacock

Farallon Restaurant by Drew Altizer Photography

- 18 carat white gold diamond necklace
- 21 round brilliant faceted diamonds individually set on either side of the center section weigh 0.32 carats
- Centerpiece set with 6 diamonds of different shapes and sizes weigh 1.29 carats
- Overall clarity is vs2
- Made especially for Lifehouse

\$100 DONATION FOR RAFFLE ENTRY RAFFLE TICKET IN INVITATION OR CALL 415.526.5300 FOR ENTRY & DONATION

### teaturing

### restaurants

Americano San Francisco | Balboa Café San Francisco Boca Tavern & Boca Pizzeria | Buckeye Roadhouse | Copita Teguileria y Comida | Farallon Restaurant | Il Davide | Il Fornaio | Insalata's | Le Comptoir | Left Bank Brasserie | Marinitas Osteria Stellina | "The Clubhouse" at Peacock Gap | Perry's Larkspur | Piatti Mill Valley | Piazza D'Angelo | Picco | Poggio | Servino Ristorante | State Room Kitchen & Brewery | Sushi Ran | Wildfox

Benovia Winery | Brooks Note Winery | Cakebread Cellars | Dutton-Goldfield Winery | Frank Family Vineyards Freeman Vineyard & Winery | Hall Wines | Hartford Family Winery | Keenan Winery | Kistler Vineyards | Kosta Browne Winery | Linked Vineyards | Merry Edwards Winery | Navarro Vineyards & Winery | Papapietro Perry Winery | Peay Vineyards | Pride Mountain Vineyards | Revana Family Vineyards | Ron Rubin Winery | Schweiger Vineyards | Selah Wines | Silver Oak & Twomey Cellars | Thirty-Seven Winery | Wilson Winery | ZD Wines

### libations

Red Whale Coffee Republic of Tea Stillwater Distillers Sonoma Brothers Distilling Sonoma Syrup Company

### dining room

Rustic Bakery Red Whale Coffee Fiorello Artisan Gelato

### beer garden

Fort Point Brewery Marin Brewing Company Moylan's Brewing Company State Room Kitchen + Brewery

Ital Foods **Blooming Cakes** 



silent

auction

access

early

Our auction is facilitated this year by GiveSmart, a mobile bidding platform. Have all the auction details at

your fingertips! Peruse hundreds of items, like the Fresh Starts Celebrity Chef Event in Marin. Two guests will enjoy a chef presentation of a 3-course meal, prepared by students of the Fresh Starts Culinary Academy. Fresh Starts is a social enterprise of Homeward Bound of Marin. This year's celebrity quests for this auction item include Heidi Insalata Krahling of Insalata's and Joanne Weir of Copita.

**Preview Live Auction items** beginning Friday, March 22, 2019. Silent Auction will open for view and bid on Friday, March 29, 2019.

gcw2019.givesmart.com

### sponsors



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THIRTY-SEVEN

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### aold tables

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### silver tables

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### additional support

Bank of San Francisco, Floral Sponsor California Math Festival, Mobile Bidding Sponsor

### tickets

### Don't miss out!

Table sponsorships seat 10 quests to enjoy all participatina restaurants and wineries at the event. Includes brand recognition in event program and advertisements.

Individual tickets are \$350, which will give you access to all participating restaurants and wineries as well as our silent and live auctions.

greatchefsandwineries.org/tickets

### a VR experience This Virtual Reality experience is hosted by our Adventures in Technology Program, which adapts mainstream technology to make it accessible and functional for individuals with developmental

the reality of autism:

Find out what it feels like to walk in someone's shoes who has Autism with a 90 second technological and immersive experience

The Giants-Dodgers rivalry began in New York in 1898 and is regarded as one of the most venerable competitions in American baseball.

Cheer on the Giants vs. Dodgers on June 7, 2019 in Premium Lower Box 115, directly behind home plate in Row 23.

You will also have access to the Gotham Club and the Gotham Clubhouse. Includes Parking Lot A Pass. These baseball seats are not made available for sale to the public except through a generous donation to Lifehouse!

# live auction preview



www.mlb.com/giants/gc1883/gotham-club-features/venues

# living my best life

Everyone has a beautiful story to share. Living My Best Life is a collection of inspirational videos featuring the individuals served by Lifehouse telling their own stories and truths as they learn and grow within the community. It is our hope that viewers will be able to "meet" our residents through their likes, dislikes, struggles, and triumphs presented in these profiles.

Filmed and Produced by Chikara Motomura



[Live on the website now]

### PETER ELIAS

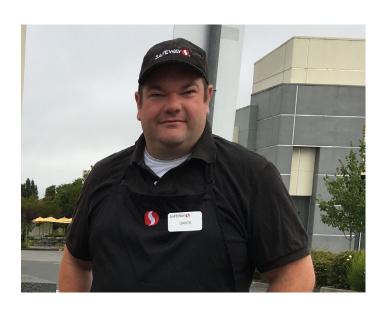
Peter has been a Lifehouse resident for 18 years and lives in Comito House with his best friend Greg and four other roommates. Peter has a great sense of humor, loves to work with his hands, and is an avid sports enthusiast. Are you a baseball or basketball fan? Then you and Peter will get along just fine, but you'd better be rooting for the Giants or the Warriors!



[Coming soon]

### CHLOE POLLOCK

Meet Chloe- a lovely, talented, confident young woman and a Lifehouse resident for the past six years. Chloe has had a strong creative drive since she was a young girl and a beautiful collection of her drawings fill the halls of Hamilton Place where she lives. Chloe's other interests include fashion, theater, health, and dance. You can see her rocking her dance moves in the Lifehouse performance at the annual Great Chefs & Wineries on April 13, 2019!



[Live on the website now]

### DANTE MAZZOLINI

Meet Dante- He is a kind and determined individual living on his own for five and a half years with the help of Lifehouse. At Santa Rosa Junior College, Dante worked hard and received a Technical Degree through C2C (College to Career). He now works full time as a courtesy clerk at Safeway, but hopes someday to fulfill his lifelong dream of working with animals. Dante believes that everyone should hang in there and follow their dreams.

[Coming soon]

### **BRETON KAISER-SHIN**

Breton is a true example of what creativity, a positive attitude, and determination can bring. Fresh off releasing his first book, *The Dragon of Emerhill*, Breton is already dreaming up a sequel and maybe even a trilogy. His love for the arts paints him a true renaissance man with an enthusiasm for the classics in poetry, love of theater, and an incredible skill for drawing and painting.

You can purchase his book online at Amazon and Barnes & Noble or brick and mortar at Books-A-Million, IndieBound, and Book Passage.



### **VIEW**

You can find these profiles at www.lifehouseagency.org/media

### awards banquet

Our Annual Awards Banquet is an opportunity for Lifehouse to celebrate, recognize, and honor the big-hearts of our community, staff, and most importantly the individuals we support. Our community is the backbone of Lifehouse and has helped it grow to become the flourishing agency we are today. Thank you for sharing in the joy, compassion, and empowerment that Lifehouse works so hard to achieve.

This important community event was made possible by our Inspiration Sponsor, Doug and Erin Clough, our Community Sponsors, Marin Sanitary Service, HUB International, John Morre and Jane Ferrante, as well as our Unity Sponsor, Lindquist Von Husen and Joyce LLP. A special thanks to Mary Jane Burke, our Marin County Superintendent of Schools for serving as our Master of Ceremonies once again!











### LIFEHOUSE HOLIDAY

The Lifehouse Holiday Party is a highly anticipated event because it is an opportunity for all of us to get together and celebrate in the midst of the holiday hustle and bustle. This event boasted over 300 guests in attendance! Many thanks go to DJ Terri deLangis for the music, Omar Cruz for providing the delicious paella, and Red Whale for the coffee. Thank you to the Girl Scouts of Northern California for a cheerful carol performance and delicious homemade cookies for all of our guests. Gerald Leuschen graced us with his jolly presence as Santa for the evening. Last but not least, a huge thanks goes out to all of our supporters and volunteers for helping make the holidays the most wonderful time of the year.





### holiday cheer

### honorees



### **COMMUNITY AWARDS**

### **EMPLOYER OF THE YEAR**

Neal Hutchinson | Safeway

**OPEN ARMS AWARD** 

The Wilsey Family

**CHARLES L MARTIN AWARD** 

The McKeever Family

PERSONAL ACHIEVEMENT AWARD

Lily Ehmann

**EXTRAORDINARY COMMUNITY SERVICE** 

Kellie Lennon Jackson | Cedars Victory Center

**WINERY OF THE YEAR** 

Kathryn Hall | HALL Wines

**VOLUNTEER OF THE YEAR** 

Eric Aanes

**SPIRIT OF LIFEHOUSE** 

Daniel Engel

### **RESTAURANT OF THE YEAR**

Chefs Joanne Weir & Daniel Tellez | Copita Tequileria y Comida

### **OUTSTANDING CORPORATE INVOLVEMENT**

Mimi Towle | Marin Magazine

### **OUTSTANDING STAFF RECOGNITION**

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**ANJA HANSEN** 

Senior Manager

Supported Living Program Manager

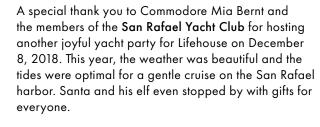
**COY FERINI** 

**KAYLA HOTCHKISS** 

Administration & Development Assistant

Intermediate Care Facility House Manager

### **YACHT CLUB PARTY**



Thank you to San Rafael Yacht Club for their on-going generosity towards Lifehouse!





### welcome to the team

to support our growing numbers...



Carlene Ancheta is our new Assistant Manager. Born in Vallejo, Carlene is passionate about helping people. She joined the Best Buddies Club at her high school where she developed friendships with individuals with developmental disabilities. While attending UC-Davis, Carlene worked as a caregiver for the elderly. After graduation, she worked in ABA Therapy/ Early Intervention with children and volunteered at the San Jose Veterans Clinic as an Adult Day Health Care Aide. Carlene is very excited to have the opportunity to help the people we support. In her free time, Carlene enjoys spending time with her son, hiking, jogging, playing tennis, and traveling.



Tiffany Scott is our new Assistant Manager. A native of the Bay Area, Tiffany has been in the service field for ten years. Tiffany is extremely excited to start her new position at Lifehouse and hopes to make a difference in the lives of the people that we support. She currently resides in Vallejo and loves to spend time with her two beautiful daughters. When she has time, she also enjoys fishing and



Deion Mason is our new Human Resources Assistant. A Bay Area native, He recently araduated from Alabama State University with a B.A. in Business,



Deion currently lives in Vallejo. where he also played collegiate football. Before working at Lifehouse, Deion was the Senior Human Resource Team Leader for Target in Novato and Sausalito. Deion is very excited about transitioning from the corporate sector to the non-profit sector and looks forward to this change. In his spare time, Deion likes to watch sports, workout, and read about turtles.



**WILLA** 

**DUGGAN** 

### into the community and visiting friends, neighbors, family and anyone else she might meet. Willa also took great pride in being part of Lifehouse and enjoyed raising funds every year to help support the organization.

1950- 2018

Jeff Rounds passed away on October 24, 2018 in the early evening after a brief illness. He had recently celebrated his 68th birthday. A long-time participant with Lifehouse, he enjoyed music, art, animals, gardening, and spending time with his friends. A quiet, caring man, he is survived by his girlfriend, his daughter in Texas, and a sister in Arizona.

> A Celebration of Life in November was held at Post Acute in Sonoma to commemorate his life.



**ROUNDS** 



**YANELI** 

Yaneli Mata is our new Assistant Manager. A native of Sonoma County, Yaneli has seven years of experience working with people with developmental disabilities, with four years at Sonoma Valley Hospital and three years as a job coach for people with disabilities. Yaneli attended Napa Valley College for her Associates Degree in Behavioral Science and then transferred to Sonoma State University and obtained a B.A. in Sociology and Political Science. She is passionate about social justice issues and enjoys working with vulnerable populations including women, ethnic minorities, the LGBTQIA community, and those with disabilities. In her free time, Yaneli enjoys reading, running, and serving as an activist in her community.



**SABRINA** 

Sabrina Wilson is our new Assistant Manager. She has 14 years of experience working with youth, elderly, and people with disabilities. She is very excited to be part of such a strong, caring and determined team of individuals at Lifehouse who share the same goals in supporting individuals with developmental



**JENNI** 

Jennifer Dent is our new Technology Specialist, Born at Travis Air Force Base in Fairfield. Jenni moved to Marin from Oakland seven years ago to be closer to her grandfather. Upon moving to Marin, she wanted to be a part of the community, so she started to volunteer at Rotacare's Free Clinic while she was waiting for her CPT license. In 2016, Jenni became a lab technician at Quest Diagnostics. Now, Jenni is honored to be a part of Lifehouse's technology department. In her free time, Jenni enjoys catching up with friends, hiking near the ocean, spending time with family, and going on local adventures.

### community Community partners are integral to our success as an organization. As a Lifehouse partner, you will reach a large audience of community members while making a difference in the lives of the people we support.

in memoriam

1947-2018

Willa Duggan passed away on

November 4, 2018. She was a

woman who received support

from Lifehouse for many years.

enjoyed sharing her work with

personality that brought joy to

others. She had a shining

everyone around her. She

especially loved going out

She was an incredible artist and

caring, fun, bright, and amazing

To become a partner with us, please visit lifehouseagency.org/ways-to-help



### St. Patrick Church, Larkspur

Thank you to the generous congregation of St. Patrick Church in Larkspur for once again fulfilling the wish lists of the people we support as part of their holiday giving tree program. Everyone loved their aifts! Their kindness has made such a difference in the lives of many of our residents, some of who do not have family members. Thank you St. Patrick Church!

stpatricksparish.com







ExtraFood is a nonprofit organization working to prevent food waste and end hunger in Marin County. Volunteers at ExtraFood pick up excess food from Marin vendors like grocery stores and farmers markets and drop them off at nonprofit partners who serve vulnerable populations.

Lifehouse has been lucky enough to work with ExtraFood for several years now, and the people we support look forward to receiving delicious and nutritious food every week. Thank you ExtraFood!

extrafood.org



# let's get social

YOU POSSESS VISION & PERSPECTIVE THAT MAKES THIS WORLD A BETTER PLACE.





"We rise by lifting others."

—Robert G Ingersoll

### JOIN IN

Lifehouse is increasing our social media presence! Please help us spread the word about the work that Lifehouse does in the community for people with developmental disabilities. We love sharing our experiences with you and encourage you to share with us as well!

Please contact Jennifer Waight at jwaight@lifehouseagency.org if you have any questions or story ideas!

### HASHTAGS + CAMPAIGNS

You can tag us in your social posts using @lifehouseagency.

Don't forget to use these hashtags!

#lifehouseagency
#livingmybestlife
#gcw2019
#lifehouselegacy
#lifehouse65
#greatchefsandwineries

### **FOLLOW**

You and your community can get involved with Lifehouse by following & liking us on Facebook, Instagram, and Twitter.



facebook.com/lifehouseagency



instagram.com/lifehouseagency



twitter.com/lifehouseagency

# in the community



### SRHS MEDIA ACADEMY

Every year, the students of San Rafael High School's Media Academy participate in a project called CAP (Community Action Project). CAP is an opportunity for student teams to work with local non-profit organizations and collaborate with these community members to produce high quality promotional videos.

Lifehouse worked with SRHS students Caitlin Chow, Jessa Josephson, Nick Besson, Kayla Wright, Jessica Hernandez, and Drew Cavaney to produce a video centered around the celebration of Lifehouse's 65th Anniversary, focusing on the legacy of the organization and the ways Lifehouse has impacted the individuals we serve. The result- an impactful video that illustrates how Lifehouse is an intricate community full of joy, compassion, acceptance and empowerment. Through this project, these Media Academy students demonstrated that they are committed to becoming creative and contributing members of the world with an exceptional level of professionalism.

View the film on our website: www.lifehouseagency.org/blog

## MARIN AUTISM COLLABORATIVE



The Marin Autism Collaborative is a collaboration of nonprofit and government agencies in Marin working to improve services and access to information for individuals with autism and their families.

On April 27, 2019, the Marin Autism Collaborative will hold a free event at the Buck Institute in Novato featuring Dr. Lawrence Fung, a professor of Psychiatry and Behavorial Sciences at Stanford University, focusing on autism spectrum disorders and neurogenetic disorders.

Please stay tuned for more information.

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#lifehouseagency #livingmybestlife #gcw2019 #lifehouselegacy #lifehouse65

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